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**FEBRUARY 24, 2009**

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**Pain Management Practice at Physician's Pavilion II  
Welcomes First Patients to Upper Chesapeake Health Campus**

The Spine Center at the Center for Pain Management welcomed its first patients to its new facility at Physician's Pavilion II on the Upper Chesapeake Health Campus in Bel Air on Monday, February 16th. The practice, the first of its kind in Harford County, specializes in minimally invasive pain management procedures to relieve back and neck pain. While novel for many patients, the Center for Pain Management's effective therapies are less expensive, reduce recovery time, and often provide more immediate and longer lasting relief for patients than drugs, physical therapy, or chiropractic manipulation alone. The firm's pain management strategies are safe, approved by the FDA, and are covered by most health insurance plans.

The Spine Center at the Center for Pain Management will employ nine at the 5,000 square foot office, the company's 8th in Maryland. The firm chose Physician's Pavilion II for its accessibility to resources on the Upper Chesapeake Health Campus, and to offer its Northern Maryland clients a nearby location to manage their pain.

"The new office at Physician's Pavilion II allows us to provide our Harford County and Pennsylvania patients with more frequent and convenient care," said Cecilia Terrazas, a spokeswoman for the Spine Center. "The County's anticipated growth due to BRAC in 2011 was another deciding factor," added Terrazas.

The Upper Chesapeake Health System anticipates a 22% growth in the population they serve over the next decade. Of the 76,000 additional residents Upper Chesapeake could treat, about 27,000 will likely result from the military base realignment impacting Aberdeen Proving Ground. Since 2000, Upper Chesapeake's inpatient admissions have grown by 45%, outpatient visits have increased 161%, and Emergency Department visits are up by 79%.

"Tremendous business growth opportunities, excellent membership benefits, and unprecedented access to the state-of-the-art amenities next-door make the class A medical office suites in Physician's Pavilion II an easy sell," said John Harrington, Senior Vice President and Principal with MacKenzie Commercial Real Estate Services, who assisted with site selection. Steve Feazell, Associate Broker with Prudential Caruthers Realtors, represented Upper Chesapeake Health in the transaction.

"Working with John Harrington and the entire MacKenzie crew on the planning, construction, and build-out of our suite in Pavilion II was a pleasure and a pleasant surprise. I've either built or planned nearly 30 medical or surgical centers in Maryland and rarely have any gone as smoothly as our site on the Upper Chesapeake Campus," said Robert E. Lee, CEO of the Spine Center at the Center for Pain Management.

Completed in Fall 2008, the \$16 million, two-level medical office building, located above the new four-story parking garage is home to Harford Gastroenterology Associates, PA, MacPhail Pharmacy, the Daily Grind, a gourmet coffee and sandwich shop, and seven Upper Chesapeake specialty services including the Diabetes, Cancer, and Outpatient Infusion Centers, and Outpatient Rehabilitation, Anticoagulation, Lipid Management, and Blood Draw/Lab Testing Services.

AJ Rastogi, M.D., a Board Certified Anesthesiologist and an ABA Certified Pain Medicine Specialist, and Mark H. Coleman, M.D., an ABA Certified Pain Medicine Specialist, Certified Independent Medical Examiner, and Board Certified Anesthesiologist, will direct the Bel Air team. Office hours are from 9 A.M. to 5 P.M. Monday through Friday.

Founded in 1998, the Spine Center at the Center for Pain Management is one of the largest and fastest growing medical practices in Maryland. The firm, which employs 12 physicians and 120 administrators throughout the State, has successfully treated over 50,000 patients. A March open house is planned for the Bel Air office.

For more information on the Spine Center at the Center for Pain Management, please visit [www.myspinedoctors.com](http://www.myspinedoctors.com). To learn more about Physician's Pavilion II or to arrange a tour, please contact John Harrington, Tom Fidler, or Meghan Gill at 410.821.8585 or visit [www.mackenziecommercial.com](http://www.mackenziecommercial.com).

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